

IN BRIEF

Police issue CCTV picture as part of robbery enquiries

**SUDBURY:** Police have released a CCTV image of a man they would like to speak to in connection with a robbery.

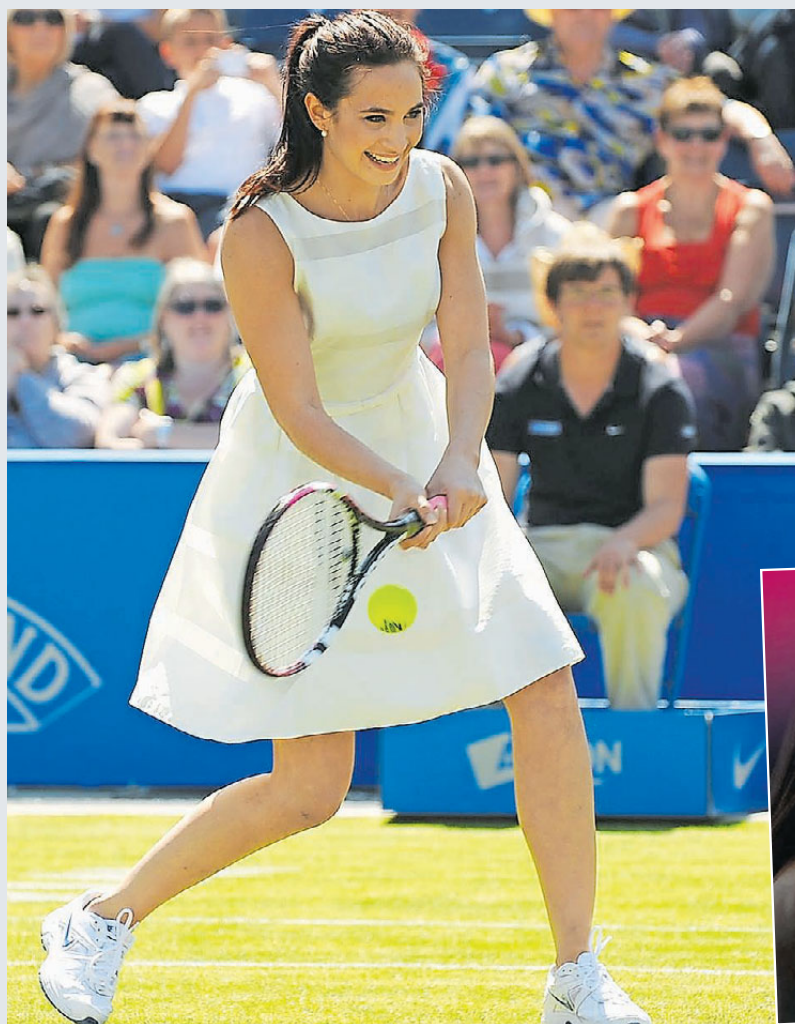
The 70-year-old female victim had her handbag snatched from her walking frame as she walked along the alleyway between Winch and Blatch on Market Hill in Sudbury at around 2.10pm on April 5. The offender is described as white, about 5ft 9ins to 5ft 10ins wearing a cap or hat, a coat or top in a dirty grey or blue colour and old, scruffy trousers, possibly jeans. He was also wearing a striped top. Call Suffolk Police on 101.



Charities to benefit from village event

**BRANTHAM:** The village's 11th annual Charity Garden Sale will take place this year on June 7 from 9.30am-4.30pm. Garages throughout the village will be open and raising money for several charities with table top sales at the village hall. Call 01206 392296 for more details.

Suffolk soprano talks about the body as she releases new EP



Following her marathon exploits on Sunday, Laura Wright has released a new EP.

The 23-year-old mezzo soprano, who went to Framlingham College, stopped on Tower Bridge to give a rendition of *Jerusalem* before finishing the 26.2 miles for music therapy charity Nordoff Robbins.

The concept behind her new EP, *The Sound of Strength*, is that the body is the ultimate instrument.

Miss Wright said: "It's incredible what your body can do. Why wouldn't you push your body to the best it can be?"

"Your body is your ultimate instrument. My instrument is me and that's why I'm so passionate about looking after my body. I treat my voice as a muscle. If I don't practice it would get weaker; if I don't go for a run every day, I wouldn't be able to run a marathon. It's the same thing."

The Suffolk superstar also made comparisons between athletes and classically-trained singers, including the need for dedication, and being healthy.

She said: "When I sing at Twickenham I'm feeling exactly the same as the guys standing next to me. I'm feeling nervous, proud, pumped up, and I've got adrenaline."



■ Sports mad Laura Wright playing tennis at Wimbledon and, inset, the cover of Laura's new EP. Pictures: SUBMITTED



PLANNING (LISTED BUILDINGS AND CONSERVATION AREAS) ACT 1990  
TOWN AND COUNTRY PLANNING (GENERAL DEVELOPMENT PROCEDURE) ORDER 1995

Babergh District Council has received the following applications. The applications and plans may be seen at the Council Offices, Corks Lane, Hadleigh, IP7 6SJ or by visiting the website: [www.babergh.gov.uk](http://www.babergh.gov.uk). Anyone who wishes to make representations should write to the Corporate Manager - Development Management within 21 days of this notice quoting the reference number(s) at the above address or [planningcontrol@babbergh.gov.uk](mailto:planningcontrol@babbergh.gov.uk). All correspondence will be open to public inspection and it cannot normally be treated as confidential. This is a limited list of applications which the District Council must advertise. A full list can be found on the website: [www.babergh.gov.uk](http://www.babergh.gov.uk)

Applications Registered Week Ending 10th April 2014

**Belstead** Belstead Hall, Bucks Horns Lane Alterations and extensions to barn (to facilitate change of use of to wedding reception, conferences and exhibition space). B/14/00144/LBC/GC (5)

**Reason for publicity (Code) this application is for:**

- (1) Planning Permission.
- (2) Planning Permission that affects the setting of a Listed Building.
- (3) Planning Permission that affects the setting of a Conservation Area.
- (4) Planning Permission that affects the setting of a Listed Building and Conservation Area.
- (5) Listed Building Consent.
- (6) Conservation Area Consent.
- (7) Planning Permission that would depart from the Development Plan.
- (8) Planning Permission that would affect a Public Right of Way.
- (9) Planning Permission that is accompanied by an Environmental Statement.
- (11) Planning Permission that affects the setting of a LB, CA, ROW, Depart DP.

Christine Thurlow DipEnvP MRTPI  
Corporate Manager - Development Management  
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Selling Ed's wardrobe raises more than £6,000 for EACH

**Edmund Crosthwaite**  
[edmund.crosthwaite@archant.co.uk](mailto:edmund.crosthwaite@archant.co.uk)

One man's rubbish is another man's treasure, so the saying goes, and East Anglia's Children's Hospices experienced this firsthand with a lucrative clothes auction.

The charity received a financial boost to the tune of £6,321.17 after singer Ed Sheeran donated sackfuls of his old clothes for the organisation to sell.

Only seven items were available when the auction first went live on March 31 but they managed to raise in excess of £2,000.

An Orvis red sweatshirt with a cat design was the most popular item.

It attracted 77 bids and eventually sold for £1,020.

More than 70 pieces of clothing, which Ed wore in live shows as well as on shoots and videos, were later added on April 3. Bidding



■ EACH service user George Docker with Ed Sheeran. Picture: CONTRIBUTED

closed at 8pm on Sunday.

Around half of the items available went to fans outside of the UK, including Belgium and the United States.

Melanie Chew, EACH director of fundraising and retail, said: "We're absolutely delighted with the success of the auction of Ed's clothes and would like to thank Ed

once again for his very kind donation. We'd also like to thank all the people who made bids to help us achieve such a high sum.

"Not only have Ed's clothes raised valuable funds but his involvement with EACH has raised our public profile and has gained us a whole new audience thanks to his millions of fans.

"Ed became an EACH Ambassador in February, following a visit to The Treehouse in Ipswich.

"He's a fantastic EACH ambassador and we hope his involvement will inspire other young people to support us."

If you missed out in the first auction all is not lost - EACH held on to some items which will be sold at the launch of its new shop in Ed's home town of Framlingham later this spring.

He also tweeted last Wednesday he'd found a collection of hoodies the charity could sell as well.

## Community microchipping day a success

Dog owners prepared themselves for a change in the law at an event held at a Suffolk library earlier this month.

From April 2016, all dogs will have to be microchipped and around the country sessions are being run to help owners have their pets marked and registered.

One such event in Ipswich saw Suffolk police's South East Ipswich Safer Neighbourhood Team join forces with the Gainsborough Community Library and the Dogs Trust.

More than 80 dogs of all shapes and sizes were given a free microchip at the library by the trust at the session.

The Dogs Trust has set aside £6million to provide free microchipping to owners of all unchipped pets so they can comply with the law when it comes into force.

Normally, having a dog microchipped costs £20 to £30.

It is thought having compulsory microchipping of dogs will save the taxpayer between £20m and £22m.

The microchip is implanted under the skin of the dog between the shoulder blades.

Once implanted the microchip is unlikely to fail and so provides life-long permanent identification.

The chips are read by scanners held by vets, local authorities and animal welfare groups.



■ There was a free dog microchipping event at the Gainsborough community library in partnership with the Dogs Trust and South East Ipswich's Safer Neighbourhood Team.

Picture: CONTRIBUTED

■ Marathon runner Kim Frost has been made an "inspirational ambassador" for Cancer Research UK. Picture: SARAH LUCY BROWN



# Marathon runner appointed as charity fundraising ambassador

Andrew Hirst

andrew.hirst@archant.co.uk

A Suffolk marathon runner who almost died in a car crash just weeks after her father was diagnosed with cancer has been made an "inspirational ambassador" for a charity.

Kim Frost, 36, from Framlingham, is one of 26 fundraising champions chosen by Cancer Research UK to encourage others to undertake running challenges in support of the charity, which was unveiled today as an official partner of the Virgin Money London Marathon in 2015.

"I am delighted to have been chosen as an ambassador in the charity's very special year of running and

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Kim Frost, charity ambassador for Cancer Research UK

am calling on people across Suffolk to take on just one running challenge over the next 12 months – big or small – on behalf of Cancer Research UK," she said.

Miss Frost's tragic, yet inspirational story, which led to her appointment, began with a devastating road

accident in June 2007 that left her with terrible leg injuries and took the life of her mother, Jean.

Coming just a month after Miss Frost's father Derrick had been diagnosed with cancer, it made it all the more difficult to cope with her mother's death. "It was a terrible time," she said. "I was grieving for my mum and trying to recover in hospital while at the same time my dad was fighting his own battle with oesophageal cancer."

The loss was also incredibly hard on Mr Frost whose condition deteriorated after the accident until his death 18 months later.

Miss Frost, who works as a chef at Brandeston Hall Prep School, had been a keen member of Framlingham

Hockey Club before the accident and was determined to regain her fitness.

Despite being left with metal plates in her legs, wondering whether she would ever walk again, her recuperation was boosted by a charity football match in aid of Cancer Research UK between Framlingham Town and Ipswich Town in September 2007.

She joined Framlingham Flyers and enrolled in this year's London Marathon, achieving a lifelong ambition on Sunday when she completed the event in 5h 43m, raising more than £4,000 for Cancer Research UK.

The charity is calling for people to sign up for the London Marathon or local fun runs.

Visit [www.cruk.org/support-us/find-an-event](http://www.cruk.org/support-us/find-an-event)

## Eggstra Special Treat - Free Cadbury's Creme Eggs

Visit our promotions team in Ipswich Town Centre from Tuesday 15th – Thursday 17th April

Purchase a copy of the East Anglian Daily Times and you will receive THREE Cadbury's Creme Eggs absolutely FREE

Don't miss out, offer valid from 11 am whilst stocks last!



**EAST ANGLIAN**  
DAILY TIMES